

## *Script Your Future*

On December 6, “Script Your Future” Campaign organized by the National Consumer League was launched in Birmingham. “Script Your Future” will create awareness for medication adherence amongst individuals with disabilities and chronic conditions, families, physicians, pharmacist, policy makers, state agencies, and advocacy organization. The campaign will look at barriers to adherence, provide education for stakeholders on ways to improve communication, and develop partnerships to remove barriers. The campaign is geared towards individuals with cardiovascular, respiratory, and diabetic chronic illness. However, medication adherence is important to many individuals with disabilities. Currently 133 million Americans are affected by at least one chronic condition that requires medication therapy, and studies show that **three out of four Americans do not always take their medication as directed**, which leads to one-third of medicine-related hospitalizations and 125,000 deaths annually in the U.S. As an advocate do your part to share this message.

Birmingham was chosen along with five (5) cities across the nation to participate in this program. There are over 25 local organizations including AL DAN serving as partners for this campaign. Governor Robert Bentley, National Consumer League representatives, and a variety of community leaders were present to launch the campaign at Homewood Pharmacy. . For more information, Script Your Future campaign at [www.ScriptYourFuture.org](http://www.ScriptYourFuture.org).

## *Please make it your New Years goal to become a member of AL DAN!*

Your support helps us continue our advocacy programs and enables us to improve our communities. Individual memberships are only \$10 annually. Give the gift of membership this holiday season! An AL DAN membership form (plus a few to share with friends!) is enclosed for your convenience. Organizations are encouraged to join as well; having the support of businesses, agencies, non-profits, etc. helps us make a difference in the lives of the people we serve!

During the 2011 year, AL DAN welcomed over 70 new dues-paying members! We'd like to extend a special thanks to the following organizations: People First of Alabama, Roof Top Friends, Lillie Gayle Smith, Alabama Head Injury Foundation, Ability Alliance of West Alabama, Sunrise, American Air Flight Training, Inc., Golden Care, Independent Living Resources of Greater Birmingham, Montgomery Center for Independent Living, The Independent Living Center of Mobile, and Alabama Family to Family. Regions Bank has also committed to joining AL DAN. We'd like to say thanks to our 2011 AL DAN Donors and the AL DAN Advisory Board—your hard work keeps us going!!



***AL DAN Advocacy Day!!!!!!  
March 8, 2011***

(205) 251-2223 #113  
[www.aldan.org](http://www.aldan.org)      [www.aladan.org](http://www.aladan.org)  
Facebook page: Alabama Disability Advocacy Network

**AL DAN**  
206 13<sup>th</sup> street South,  
Birmingham, AL 35233